



Global Group of Institutes

(Approved by AICTE, PCI and Affiliated to IKGPTU, Jalandhar)

SUPPORTIVE DOCUMENT FOR 7.1.9

Sensitization of Students and Employees of the Institution to the Constitutional Obligations: Values, Rights, Duties and Responsibilities of Citizens.





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Details of Activities

Academic Year (2020-2021)

1. A motivational lecture was organized in the auditorium on 6th September, 2021 to sensitize students and employees of the Institutes by an expert Dr. Rajesh Talwar for familiarizing the students with their responsibilities towards the society they belong to and even at the place of work where they serve.
2. Serving the Defense people by providing them a comfortable stay in the campus on 4th September, 2021. It was well arranged by the HMCT Department.
3. Poster making competition on values, rights, duties and responsibilities of citizens was organized in all the departments during departmental activities on 15th November, 2021.
4. A seminar entitled 'Lessons from Ramayana' on 16th November, 2021 was addressed by the expert Prof. B.D. Sharma. The event was organized by the Department of Management in the auditorium.
5. Inter-Departmental group discussion for the topic entitled 'Corruption Free India' was conducted by the Department of Computer Application on 24th November, 2021.
6. A motivational lecture on 'Stress Management' was held on 17th November, 2021 with an aim to sensitize students and employees of the Institutes. The expert Commander Shiv Shankar inspired the students for keeping the spirit of college life alive and recommended to adapt positive thinking.
7. A seminar on 'Traffic Rules' was held on 22nd November, 2021 by Mr. Vikas Rana in the Conference Hall, Pharmacy Block.

Sensitization literally means making people ‘sensitive’ about an issue. This is the core of awareness raising and is what a person ideally wants to achieve – that people become aware and react to certain issues. In observation of the importance of sensitizing students and employees of the GGI, the institute has taken the initiation of introducing sensitization and awareness programs which are as follows:

1. Motivational Lecture to Sensitize Students and Employees

A motivational lecture was organized in the auditorium on 6th September, 2021 to sensitize students and employees of the Institutes by an expert Dr. Rajesh Talwar for familiarizing the audiences with their responsibilities towards the society they belong to and even at the place of work where they serve.



2. Serving the Defense People by Providing them a Comfortable Stay in the Campus

On 4th September, 2021, HMCT Department felt honored to arrange stay in the campus by serving the members of Indian Defense. It was well arranged by the institution. The institution opened the services of their on-campus kitchen, playgrounds and other facilities for the troops. The institute provided the requisite amenities to them.





3. Poster Making Competition

A poster-making competition on values, rights, duties and responsibilities of citizens was organized on 15th November, 2021 in all the departments during departmental activities. This event was organized to bring out the creative expression of the students and also to gauge their awareness-quotient. The theme taken up for the above was ‘Values, Rights, Duties and Responsibilities of Citizens’.

The students displayed their artistic skills through an array of posters on the given topics. The aim of this competition was not merely to see the creative aspect but also to trigger the thought process of the young aspirants and sensitize them towards these serious issues. Competitions of the sort increase the observational skills, response to thoughts, awareness and concern of the students towards global issues.

Winners of the Event





4. Seminar on 'Lessons from Ramayana'

A seminar on 'Lessons from Ramayana' on 16th November 2021 was organized by the Department of Management in the auditorium. The orator, Prof. B.D. Sharma gave various examples from the life and sacrifices of Ramchandra Ji and guided the audiences to observe closely the lessons given in the Holy Book 'Ramayana'. He talked about a few lessons such as:

- Family is important
- Be careful of temptations
- Follow instructions, don't alter plans arbitrarily
- Respect your enemy





5. Inter-Departmental Group Discussion on ‘Corruption Free India’

Inter-departmental group discussion was conducted on ‘Corruption Free India’ on 24th November, 2021 by the Department of Computer Application. In this discussion the participants presented their opinion that India, a country that boasts of high values, morals and traditions, is ironically faced with the problem of corruption. It is one of the various evil practices our country is fighting with. The whole system of the country is based on corruption at different levels.

In the beginning of this Group Discussion Round, one of the participants talked about the Good Governance by the Government of India which has certain favorable and unfavorable components in the work-culture. The need of certain reforms in the structure was pointed out well in this discussion. In continuation of the discussion round, one student spoke about the selection of political parties and ministers in India. The discussion ended with an informative round and a thanks note.





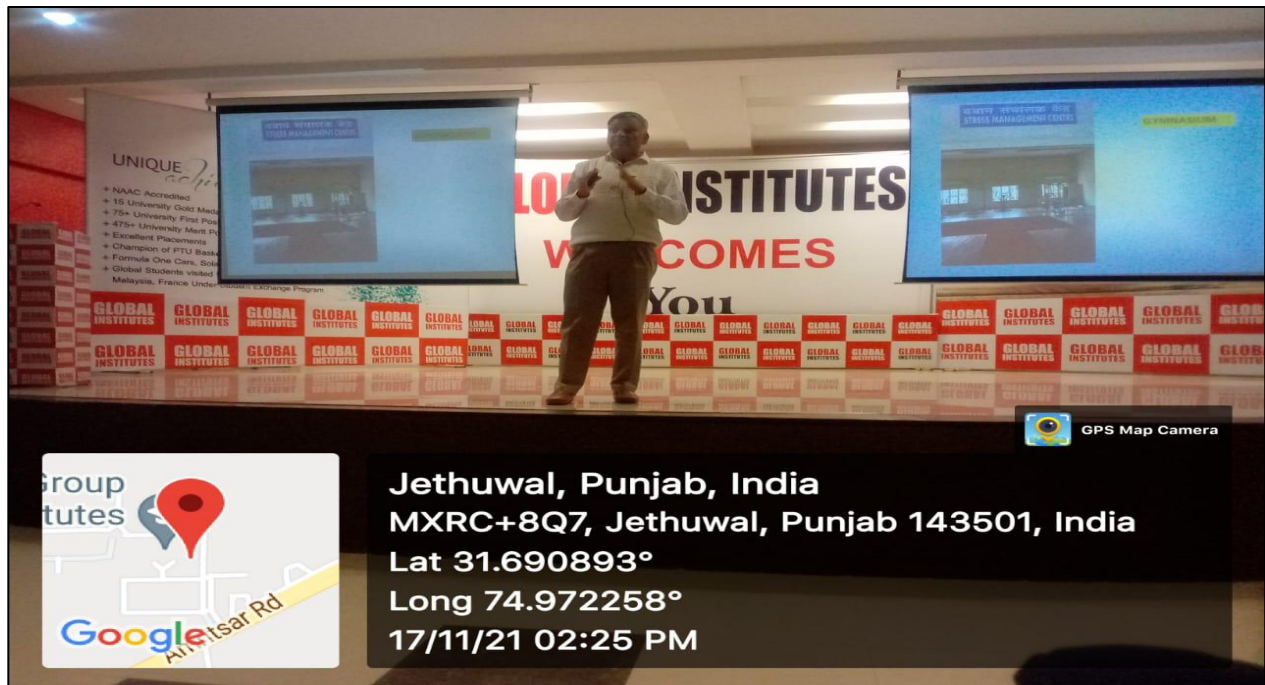
6. Motivational Lecture on Stress Management

To sensitize students and employees of the Institute, a motivational lecture on 'Stress Management' was conducted by an expert Commander Shiv Shanker on 17th November, 2021. During the first session a few riddles were taken up by the expert and with certain examples the solutions of the life problems were presented. The orator gave a few tips to lead a happy and ethical life namely:

- Take care of yourself.
- Discuss your problems.
- Work out which issues are causing stress.
- Have a plan to manage the extra stress around assessment and exam times.
- Learn a relaxation technique such as breathing exercises, muscle relaxation, yoga or meditation.

In the second session, the expert Commander Shiv Shanker expressed his thoughts on 'Positive Thinking' where students felt more energized from the brain exercises and examples he gave. The speaker talked about: Optimism, Acceptance, Resilience, Gratitude, Consciousness, Mindfulness and Integrity. These characteristics are associated with a positive mindset, so at the end of this session he suggested the young aspirants to add these features in their personality traits.





7. Seminar on Traffic Rules

A seminar on 'Traffic Rules' was held on 22nd November, 2021 by Mr. Vikas Rana in the Conference Hall, Pharmacy Block. The speaker started the session by interacting with the audiences sitting in the hall.

In this awareness session, he defined 'Speeding' as the act or an instance of driving, especially a motor vehicle, faster than is allowed by law. During the session, a reminder about the traffic rules were again highlighted which is the most important element to make the roads free of hustle and bustle due to increasing traffic on the roads. He further discussed about the strong relationships among the speed at which people drive and the risk of crash involvement and the injuries sustained in a crash result. At the end of this valuable session, it was advised to the students that rules are to be followed by each and every citizen because these rules regulate the work and help the society to move along the desired path.



