

(Approved by AICTE, PCI and Affiliated to IKGPTU, Jalandhar)

Celebration of National and International Days, Events and Festivals ACADEMIC YEAR (2020-2021)

The institutes believe in celebrating events and festivals at different time intervals with an aim of building a strong cultural belief in the students. Considering it an integral part of learning values, the institutes makes tremendous efforts in celebrating the national and international days, events and festivals every year.

> 2020-2021

S.no.	Title of the programme	Date
1.	Yoga Day	22 nd June, 2021.
2.	Independence Day	15 th August, 2021
3.	International Women Equality	25 th August, 2021
4.	Teachers' Day	3 rd September, 2021
5.	Diwali	2 nd November, 2021
6.	Communal Harmony Day	22 nd November, 2021
7.	Constitution Day	26 th November, 2021

- 1. **Yoga Day Celebration**: Yoga Day was celebrated on 22nd June, 2021 among the staff and student. It helped the students understand how to maintain harmony between body and mind. Further, insight on regular practice of Yoga was provided which will help the students to achievebetter mental and physical health. Few warm up and simple Asanas were performed by the students and the teachers enthusiastically. Also, the importance of these Asanas was explained simultaneously. Focus on 'The Positive Framework of Meditation' was demonstrated by explaining how negative thoughts disturb a person and through 3- m i n u t e meditation exercise how the positivity can be increased.
- 2. **Independence Day Celebration:** On 15th August, 2021, students participated to host the Flag ceremony. They exchanged sticker-flags to express harmony and sweets were distributed to the students by the management after National Anthem.
- 3. International Women Equality Day: Recognizing the importance of women work for



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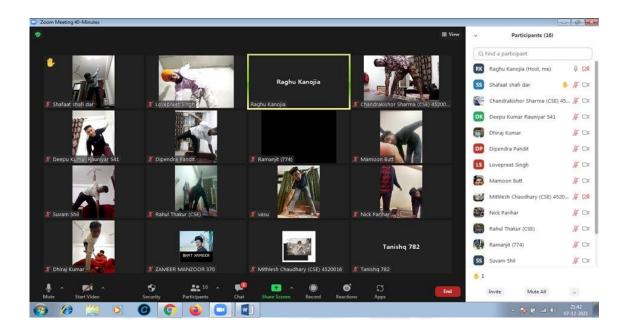
democracy, on 25thAugust, 2021 this day was celebrated. To make this day memorable, the faculty members stressed on three main issues i.e. Exercising the right for equal pay for equal work, communicating fairly at work place and Exercising the right to vote. The members present in the Interaction Hall, while celebrating this day discussed the problems that most of the women face at their workplace face and expressed their views to overcome such issues.

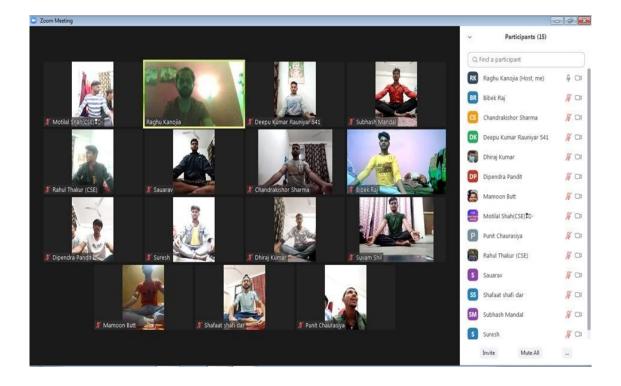
- 4. **Teachers' Day**: On 3rd September, 2021 the entire teaching faculty assembled to celebrate this day.
- 5. **Diwali Celebrations and Inter-departmental Rangoli Competitions:** Rangoli competition at inter departmental level was the scene of attraction in the campus. Cash prizes were distributed to the students and gifts were given to the employees of the GGI by the management.
- 6. Communal Harmony Day: Under the campaign entitled "Communal Harmony Campaign Week" (Specified by the National Foundation for Communal Harmony, Ministry of Home Affairs), Communal Harmony Day was celebrated. In this context, on 22nd November, 2021 students present in the campus expressed their thoughts on nationality whether they were from Arunachal Pradesh, Assam, Bihar, Jammu and Kashmir or from other countries like Ghana, Nepal or Bangladesh.
- 7. **Constitution Day Celebration**: Constitution Day also known as **'Samvidhan Divas'** was celebrated on 26th November, 2021 in our institutes. To commemorate the adoption of the Constitution of India, this programme included pledge of the Preamble by all and speech on the journey of our Constitution from its inception to the present day. Along with, the guiding principles of our Constitution and its significance were the two issues which were addressed to our present-day youth. At the end, the National Anthem marked the epilogue to this session.



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Yoga Day

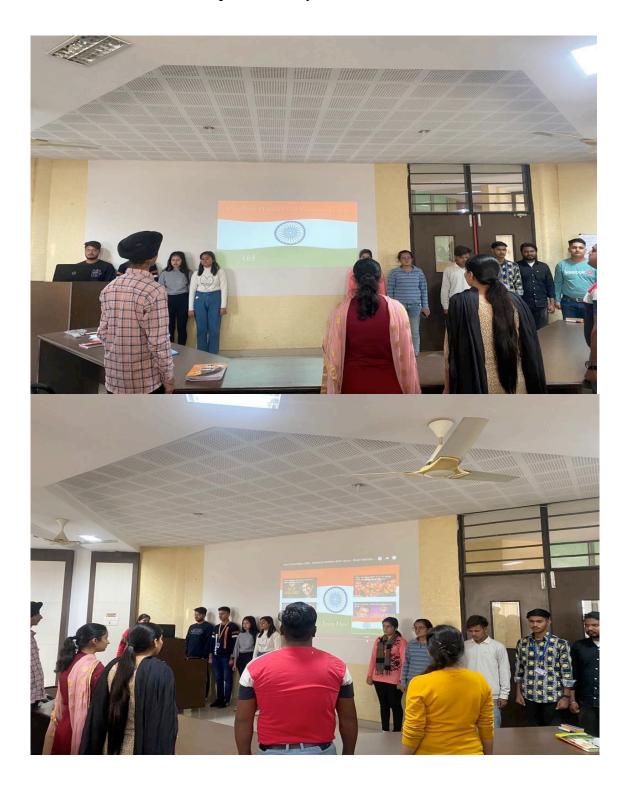






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Independence Day Celebration





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International Women Equality Day







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Teachers' Day







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Diwali Celebrations and Inter-departmental Rangoli Competitions









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Communal Harmony Day









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Constitution Day Celebration







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